

University of Arkansas for Medical Sciences
Area Health Education Center—Southwest
300 East 6th Street
Texarkana, AR 71854

University of Arkansas for Medical Sciences
Area Health Education Center—Southwest

Fall 2009

UAMS



HEALTH ASSESSMENT

(PHYSICAL ASSESSMENT
OF ADULTS)

A dynamic 12 day
Continuing Nursing
Education Course
offered
by

UAMS
AREA HEALTH
EDUCATION CENTERS
SOUTHWEST
UNIVERSITY OF ARKANSAS
FOR MEDICAL SCIENCES

870-779-6031

Class Time: Meets on the following dates from
5:30 pm - 8:45 pm in the Interactive Video
Classroom No. 102 on the first floor, west wing,
(directly behind the library) of the AHEC Building
at 300 East 6th Street between Laurel and Hazel.
**Fall Session: August 25, September 1, 8, 15,
22, 29, October 13, 20, 27, November, 3, 10, 17**

Tuition: \$225.00

There will be an additional fee of **\$38.50** charged to those
nurses who are planning to attend the UAMS College of
Nursing. This fee will be sent to the College of Nursing in
Little Rock at the time the student completes the Health
Assessment Course.

Teaching Methods: Lecture/Discussion;
Audiovisual Materials; Demonstration/Return
Demonstration.

Required Text Book and Syllabus:
Physical Examination and Health Assessment (5th
edition), Jarvis, C., (2008) Philadelphia: W.B.
Saunders., **Approximately \$81.80**, Student Labora-
tory Manual (5th edition) Jarvis, C., (2008) Philadel-
phia: W.B. Saunders., **Approximately \$28.75**.

Optional:
Pocket Companion to Physical Examination and Health
Assessment (5th edition), Jarvis, C., (2008) Philadel-
phia: W.B. Saunders., **Approximately \$35.95**

Syllabus Approximately \$9.00

Required Equipment: Stethoscope

Optional Equipment: Oto-ophthalmoscope,
Tuning Fork, Reflex Hammer

Faculty: Sondra Bedwell, MNsc, APN, FNP-C,
holds a BSN from Murray State University and a
MNsc as a Family Nurse Practitioner from the Uni-
versity of Arkansas for Medical Sciences. She is cur-
rently a Clinical Instructor of Nursing at the UAMS
College of Nursing and a Family Nurse Practitioner at
the AHEC Family Clinic.

COURSE DESCRIPTION

This 39 hour practicum Continuing Nursing Edu-
cation course is designed to provide RNs with a basic
foundation of knowledge, skills and attitudes
necessary to perform accurate assessment of adult
clients. Culture and age variables are considered.
Beginning elements of history taking are incorporated;
skills of observation, auscultation, palpation and
percussion are emphasized. Content will include
assessment of: the integument; head, ears, eyes,
nose, and throat; lungs, thorax, breast, axilla and
abdomen; cardiovascular system; female and male
genitalia, anus and rectum; musculoskeletal system;
neurological system; and psychological assessment.
This course meets the health assessment
prerequisite requirement for RNs entering the
UAMS College of Nursing's B.S.N. Completion,
Articulated B.S.N./M.N.Sc program and MNsc pro-
gram.

Participants who successfully complete the
course requirements will receive 39 (CNE) hours.
This Continuing Nursing Education activity was
approved by the Arkansas Nurses Association, an
accredited approver by the American Nurses Cre-
dentialing Center's Commission on Accreditation.
This approval meets Type I criteria for mandatory
continuing education requirements toward
relicensure as established by the Board of Nurse
Examiners for the State of Texas.

OBJECTIVES

Upon completion the participant should be able to:

1. Obtain a health history.
2. Perform a systematic physical assessment.
3. Appropriately record the data obtained from the
health assessment standard data
collection tool.
4. Differentiate between findings which are within
normal limits and those which need further
evaluation.

HEALTH ASSESSMENT

Physical Assessment Schedule

**Fall Session
2009**

DATES	TIME <small>(15 min break each class period.)</small>	CLASS/CLINICAL HOURS	CONTENT***** <small>Subject to rearrangement at instructor's discretion</small>
08/25/09 Tuesday	5:00 - 5:30 pm		Registration
08/25/09 Tuesday	5:30 - 8:45 pm	Lecture; Film & Practice	Course orientation, Intro to Health Assessment, Health History Approach to Systems, Psycho-Social
09/01/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Intro to Physical Assessment General Survey, Integument
09/08/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Head, Eyes, Ears, Nose and Throat
09/15/09 Tuesday	5:30 - 8:45 pm	Lecture; Film; Practice	Head, Eyes, Ears, Nose and Throat continued
09/22/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Lungs and Thorax
09/29/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Cardiovascular Peripheral Vascular
10/13/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Abdomen
10/20/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Musculoskeletal
10/27/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Neurological
11/03/09 Tuesday	5:30 - 8:45 pm	Lecture; Film, Practice	Breast, Axilla Male and Female Genitalia , Rectum, Prostate
11/10/09 Tuesday	5:30 - 8:45 pm	Practice Head to Toe/	FINAL EXAM , and Practice Head to Toe
11/17/09 Tuesday	5:30 - 8:45 pm	✓ off Head to Toe	FINAL ✓ off Head to Toe

NAME:

SOCIAL SECURITY NO.:

HOME ADDRESS:

HOME PHONE:

EMPLOYER:

WORK PHONE NO.:

E-MAIL ADDRESS:

Checks for tuition, books, and syllabus should be made payable to UAMS AHEC-SW.

Please return completed pre-registration form and \$225.00 (non-refundable) to:

Area Health Education Center - Southwest

Attn: Gloria Mugno, M.S., R.N.

300 East 6th Street

Texarkana, Arkansas 71854

(870) 779-6031

The receipt of check and registration form ensures a place in class for the first ten students who pre-register. Textbooks and syllabus may be purchased on the first day of class.

**LIMITED ENROLLMENT: 10
per session**

AHEC-SW RESERVES THE RIGHT TO CANCEL THE COURSE AND RETURN ALL FEES IN THE EVENT OF INSUFFICIENT REGISTRATION. NO FEES ARE RETURNED ONCE A COURSE BEGINS.